Our standard menu with dietary information.

**Please let us know if you have any dietary preferences and we will always do our best to accommodate you.**

We are very happy to add/delete ingredients to our dishes (where practical) to meet your specific needs. We normally offer gluten free pasta and gluten free cakes. We always have soya milk available. Please note that some of our dishes may contain nuts or nut oil.

**Most importantly** - please do ask us for assistance if you have any allergies.

**Open Sandwich of Prawn and Crayfish Cocktail** £6.95

on thick sliced granary bread and salad

***Contains Gluten, Dairy, Egg, Mustard***

**Posh Cheese on Toast**, mature cheddar cheese, Woodforde’s £6.50

Wherry and Colman’s English mustard rarebit served on thick cut

white toast served with chutney and salad garnish

**... Or try it with a slice of Broadland Gammon Ham** £6.95

***Contains Gluten, Dairy, Mustard***

**The “I Just Want A Simple Sandwich!” Sandwich** £5.95

Choose from Mature Cheddar Cheese (v), Broadland Smoked Ham,

Tuna Mayonnaise or free-range Egg Mayonnaise (v) on either white

or granary bread, served with crisps and salad garnish

***Contains Gluten, Dairy, Mustard***

**Pan Fried Button Mushrooms on Toast** with garlic butter, £6.50  
parsley and toasted pine nuts (v)  
***Contains Gluten, Dairy, Nuts***

**Tuna & Cheddar Melt Panini,** dolphin friendly tuna with £6.95

grated mature cheddar, in a toasted panini with a simple salad

***Contains Gluten, Dairy, Mustard***

**Barbecue Chicken Panini,** sliced chicken breast and hickory £6.95

barbecue sauce in a toasted panini, with coleslaw and salad garnish

***Contains Gluten, Mustard, Dairy, Egg***

**Brie and Bacon Panini** “Broadland Hams” smoked bacon and £6.95

melting brie in a toasted panini with cranberry sauce and salad garnish

***Contains Gluten, Mustard, Dairy***

**Mozzarella, Sundried Tomato and Basil Pesto Panini,** £6.95

toasted and served with salad garnish (v)

***Contains Gluten, Dairy, Mustard, Nuts***

**Smoked Haddock, Bacon and Leek Chowder:** £7.95

Cole’s smoked haddock cooked gently with double cream, back bacon  
leek and potato, served with crusty bread  
***Contains Gluten, Dairy* *we can substitute the crusty bread for gluten free rolls***

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| **BAKED POTATOES from the Elveden Estate,**  **served with a simple leaf side salad. And then add…**  **Melting Butter** (v) £5.95  ***Contains Dairy, Mustard***  **Cheese and Coleslaw,** with grated mature cheddar cheese, £6.95  our homemade coleslaw and lashings of melting butter (v)  ***Contains Dairy, Egg, Mustard***  **Tuna mayonnaise** £6.95  ***Contains Dairy, Egg, Mustard***  **Grated mature cheddar cheese,** and Heinz beans(v) £6.95  ***Contains Dairy, Mustard***  **Prawns, Crayfish and Marie Rose Dressing** £7.95 ***Contains Egg, Mustard*** |

**Classic Caesar Salad,** baby gems, anchovies and golden croutons £6.95

dressed in our own Caesar dressing with parmesan shavings

**Add Warm Chicken Breast Or Crayfish Tails** £8.95

***Contains Gluten, Dairy, Egg***

**Pork Pie and Cheddar Ploughman’s Lunch,** Mature cheddar £9.95

cheese and a tasty pork pie (from “Broadland Hams”), apple, pickles and Suffolk chutney served with crusty bread  
***Contains Gluten, Dairy, Mustard***

**Rare Breed Sausage and Mash £9.95  
*Contains Gluten, Dairy***

**Homemade Cheese and Tomato Quiche**, served with £8.95

hot buttery baby potatoes and dressed mixed salad (v)

***Contains Gluten, Dairy, Mustard, Egg***

**Grilled Sea Bream Fillet** on caper and fresh herb crushed £9.95

new potatoes with a mild tomato salsa and balsamic dressing

***Contains Dairy***

**PIE OF THE DAY** with a puff pastry top, served with buttered £10.95

baby new potatoes and selection of fresh vegetables.

**(please see our blackboard for today’s option)** £8.95

***Contains Gluten, Dairy***

**Confit of “Gressingham Duck leg”** with our own orange and £10.95

rosemary sauce on creamy champ mashed potato (v)

***Contains Dairy***

**Grilled Asparagus, served on a Parmesan Risotto Cake** £9.95

with mushrooms and basil pesto (v)

***Contains Nuts, Dairy***

**Penne Pasta dressed in a rich homemade tomato & basil sauce** £8.95 topped with crumbled goats cheese and rocket leaf garnish (v)  
***Contains Gluten, Dairy* . *We can use gluten free pasta on request***

**English Breakfast- bacon, sausage, fried egg, mushrooms, tomato and baked beans and toast £6.95  
*Contains Gluten, Dairy, Egg***

**Poached Egg Muffin (v)** Two poached eggs served on a toasted breakfast muffin ***Contains Gluten, Dairy, Egg, we can substitute the muffins for gluten free rolls***

**Bacon or Sausage Butty   
*Contains Gluten, Dairy, we can substitute the roll for a gluten free roll***

**Heinz Baked Beans on thick hand sliced toast (v)  
*Contains Gluten, Dairy***